



# DR. NAGMANI SINGH

SURGICAL CLINICAL FELLOW

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## PROFILE

### Why did you choose this fellowship?

This fellowship is exclusively dedicated to managing different types of shoulder injuries. The mentors are world renowned in the field of shoulder surgery and are the innovators of several unique surgical techniques that are being adopted by surgeons from all over the world. In addition, research is an integral part of the fellowship which aligns with my area of interest.

### Highlights of the fellowship

Shadowing and assisting my mentors: Dr. Ashish Gupta and Dr. Kenneth Cutbush, in the clinic and theatre which enables me to observe the finest details of their way of managing a shoulder pathology. This method of learning has been very enriching for me.

## ACADEMIC QUALIFICATIONS

- MBBS- Manipal College of Medical Sciences, Kathmandu University, Nepal
- M.S. Orthopaedic Surgery- Post-Graduate Institute of Medical Education and Research, India.
- Fellowship in Arthroscopy and Sports Medicine- Cardinal Santos Medical Center & Peakform Sports Recovery, Manila.

### AIM OF THE FELLOWSHIP

To develop into a highly skillful and dedicated shoulder surgeon with certain research to my name.

### WHAT ARE SOME OF THE EXISTING CHALLENGES IN YOUR COUNTRY WITH REGARDS TO SHOULDER INJURIES?

- Shoulder surgery subspeciality is minimally developed in Nepal.
- Awareness regarding the various shoulder pathologies is lacking amongst the general public and most surgical professionals.

### RESEARCH PROJECTS

- Superior Shoulder Suspensory Complex Reconstruction for Acute and Chronic Acromioclavicular Joint Dislocations using LARS Artificial Ligament: A prospective study evaluating the early outcome of 3- tunnel technique.
- Scapular muscle advancement: Surgical technique and case series.
- Pectoralis major muscle slide for chronic Pectoralis Major tendon ruptures: A case series.
- Subtle pathological labral lesions: Surgical technique and case series.